

# KALIKARPET

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MARCH 2009

## EVACUATION PLAN FOR PORT GRAHAM

When you receive instructions from the Fire Department or the Village Council to evacuate to higher ground because of a tsunami warning, there are three(3) locations designated for evacuation.

- 1) MUSH Building—Up in the Duncan Heights Subdivision
- 2) The Upper Road area by Wayne Normans House
- 3) Sort-Yard on the west end of the Village

**\*Your first responsibility is to get to the nearest High Ground. The Village Council will tell you when it is safe to move to the MUSH Building. Elders and families with young children are encouraged to evacuate to the MUSH Building.**

The Village Council will receive a notice from the Tsunami Warning Center and we will pass this information on to you by method of the following:

- 1) CB Radio—Channel 5
- 2) VHF Radio—Channel 77
- 3) House to House notice delivery
- 4) Turning the fire and ambulance sirens and pass-through the Village

The Village Council vehicles will be ready to pick up people who do not have transportation to the evacuation areas.

Please call #284-2227 with any questions or to arrange for pick up in the event of an evacuation order.



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### PORT GRAHAM VILLAGE COUNCIL MEMBERS

- *Patrick Norman, First Chief*
- *Martin Norman, Second Chief*
- *Agnes Miller, Secretary*
- *Debbie McMullen, Treasurer*
- *Stella Meganack, Member*
- *Walter Meganack Jr., Member*
- *Melvin Malchoff, Member*

# MARCH BIRTHDAYS

## Birthdays

- 1—Jerry Demas
- 2—Vivian Malchoff
- 2—Sherri Glahn
- 3—Joshua Selanoff
- 4—Anesia Kamluck
- 5—Adrian Demas
- 12—Nicole Grosvold
- 12—Thomas Gil Jr.
- 13—Carol Mattson
- 13—Roland Kankanton
- 19—Juliana Anahonak
- 19—Lucas Kael Dodge
- 20—Charles Selanoff
- 21—Eric Tanape
- 21—Dorothy Moonin
- 22—Joshua Wheeler
- 23—Kimber Moonin
- 23 – Leslie Ukatish
- 24—Roxanne Jager
- 24—Donald Nelson
- 24—Mickey Anahonak
- 24—Kert Labelle
- 26—James Otis
- 25—Heather Joseph
- 27—Laurisa Glahn
- 29—Felicia Yeaton
- 29—Harvey Meganack
- 29—Joe Tabios
- 30—Jasmine Tanape
- 31—Darlene Anahonak

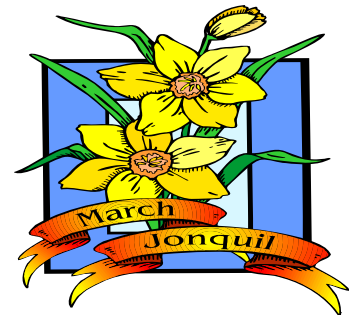
**Happy Birthday  
To our March  
Birthdays!**



\* \* \* \* \*  
\* NO MARCH ANNIVERSARIES \*  
\* \* \* \* \*

**March Birthstone:**

**March Flower:**



**Would you like to have you and your families birthday's or anniversary posted in the Kalikarpet? If so you can contact the Port Graham Village Council and leave your information with the receptionist we'd be happy to add you to our list(s).**

**If there is a mistake in your name or birth date, let us know so that we can make the changes needed.**

### SUPPORT PORT GRAHAM SCHOOL

**The Port Graham School has sweatshirts and caps for sale. Please support our Community School by purchasing one of the items.**

**Adults Sweatshirt: S-XXL = \$35.00**

**Youth Sweatshirt: S - L = \$25.00**

**Cap/Hat = \$20.00**

## BEHAVIORAL HEALTH:

### On Losing Weight & Healthy Lifestyle

By: Gina Allison

I am writing this article because Chugachmiut and Port Graham Village Council has challenged you to lose weight and live a healthier lifestyle. I am pleased that they want the best life now for you and is partnering with you and rewarding your efforts to be the best you can be. I call it polishing.

I will also be facilitating a support gathering at 1-2:30pm every Thursday in Port Graham for the next 10 weeks. Those ten weeks are the very ones that have been given to you to do the best you can to lose weight and make wellness a priority. There are several things to keep in mind to be successful at losing weight. Group members will support each other in 10 areas: How much is realistic? What is a healthy weight range for me?; How might I incorporate exercise into my daily routine?; How can I eat more and still lose weight?; Water– the solution to pollution is dilution!; How can I make my favorite meals lower in fat?; Will it help if I talk to others about my goal?; How do I believe

in my success?; How do I change the negative self-talk into positive affirmations?; What is success and how to write your own story?; How do I keep going when the going gets tough, or I've "blown it?"

I will also offer a bereavement group on Wednesday evenings at 7-8:30pm. This group will offer support for those who have just lost, anticipating a loss, or can't get over a loss of someone they love. Sometimes, just telling your story helps, and sometimes you need practical ideas to help you with your emotions. I will integrate creative ways of letting go and processing in this group, which will include, laughter, crying, drawing, story telling, and myth. If you have any interest at all, check it out. We'll be in the community hall.

My schedule in Port Graham is Wednesday afternoon and Thursday.

I can be reached by calling several numbers: Homer—1-800-235-0577; Cell—907-223-1613; Nanwalek—907-281-2303 and at the Port Graham Clinic—284-2241.

## COMMUNITY REMINDERS:

### Children Safety

Drivers please be aware of kids playing outside and sledding. By taking simple pre-cautions we can avoid accidents.

*Example:*

Slow down and look when coming to an area known to be popular of kid activities.

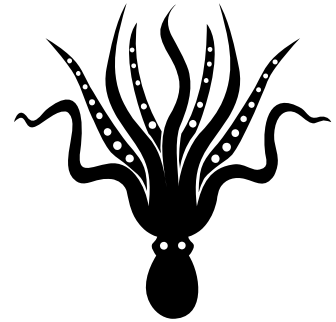
**PLEASE DO NOT DUMP  
YOUR KITCHEN GREASE  
DOWN THE SINK OR TOILET!**

- Place old grease in a container with lid, write "old grease" on it.
- Take it to the dump when full.

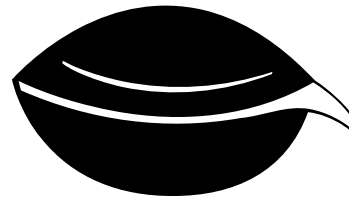
### YOU KNOW ITS ALMOST SPRING WHEN.....

We get low tides in the morning. Yep that’s right beginning March 10th is starting of our low tides. Here is the tide table for low tides. Note these are from the Seldovia District table.

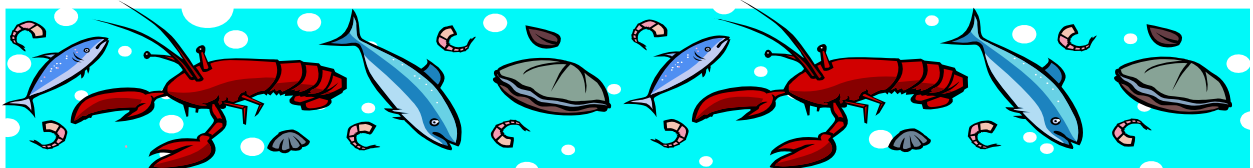
Mar. 10th— 8:49am .....	-1.0	9:09pm ....	-3.1
11th— 9:30am .....	-2.3	9:45pm ....	-2.7
12th—10:09am .....	-2.8	10:21pm ....	-1.7
13th—10:47am .....	-2.6	10:55pm ....	-0.2
14th—11:24am .....	-1.7		



Mar. 27th— 9:48am .....	-2.0
28th—10:24am .....	-2.6
29th—11:02am .....	-2.7
30th—11:44am .....	-2.1



Good luck hunting!



### LONG DISTANCE PHONE OUTAGES!

We have been experiencing “long distance” phone outages recently. Here is an email address that you can use to report any trouble:

**acota@alacsom.att.com**

This is only monitored Monday—Friday, 7am thru 7pm

Their “800” number is:

**1-888-388-3884**



## **JOB OPPORTUNITY:**

**North Pacific Rim Housing Authority:** Currently accepting applications for **Rental Maintenance/Management Position** for NPRHA's Port Graham Apartments.

They are seeking for someone who is very self-motivated, focused and mechanically inclined, yet friendly, patient and willing to counsel people on various requirements and applications needed to make NPRHA's housing program a success.

Maintenance duties include but not limited to: Housekeeping, landscaping, plumbing, carpentry, electrical and appliance repairs. Cleaning and renovation of vacated units. Oil-fired boiler experience is a plus. Must be on-call 24/7 for any maintenance emergency that may occur at NPRHA's rental units.

Manager duties included but not limited to: counseling of program participants, assist with filling out applications, oversee all aspects of rental complex, schedule & perform inspections, prepare work orders & purchase orders, prepare petty cash reports.

NPRHA does not expect applicants to have experience in all areas and realizes training will be involved for any duty listed. A valid AK Drivers License and a helpful attitude are required.

This is a permanent/part-time position that offers excellent benefits and training. The pay scale begins at \$14.07 per hour and increases depending on experience. Work schedules are typically 15 hours per week. Must be will to travel in state and out of state for trainings.

In accordance with federal regulations, NPRHA applies Native and Native American preference in employment to the greatest extent feasible.

Please submit an application or resume to: **NPRHA, Attn: Maintenance**

**Fax # 1-907-562-1445**

**Phone # 1-888-274-1444**

If you are interested, but would like more information, please call Jon or Brenda at 1-888-274-1444. Position open until filled.

## **PUBLIC MEETING:**

**PORT GRAHAM AND NANWALEK AIRPORT**

**PUBLIC MEETING**

**WHEN: March 17th, 2009**

**TIME: 1:00pm**

**LOCATION: Port Graham Community Center**

PORT GRAHAM VILLAGE  
COUNCIL

PO BOX 5510  
Port Graham, AK 99603

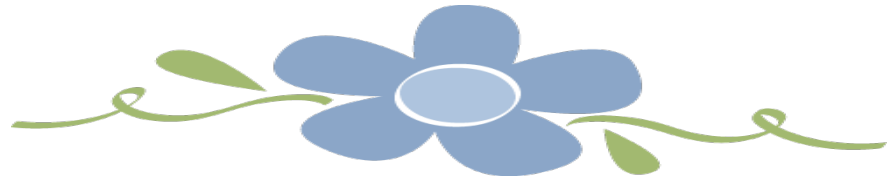
PHONE: 907-284-2227  
FAX: 907-284-2222

You can find us on the  
web at:  
[www.portgraham.org](http://www.portgraham.org)



**DAYLIGHT SAVINGS**  
Friendly reminder to  
everyone to Spring Up  
and turn your clocks  
ahead 1 hour  
March 8th

## *LOCAL BOX HOLDER*



### **HOLIDAY SCHEDULE FOR MARCH**

The Port Graham Village Council will be closing their offices for the observance of the following Holidays:

**CHENEGA DAY—FRIDAY, MARCH 27TH**  
**SEWARDS DAY—MONDAY, MARCH 30TH**

**The Post Office will be OPEN for business on  
both the 27th and 30th.**